



Preparation for your venous ultrasound

- 3 days prior to your ultrasound begin to drink 6-8 glasses (8 oz each) of water a day to make sure you are well hydrated.
 - No need to wear your compression hose the day of your ultrasound.
 - Wear a comfortable 2 piece outfit, or a skirt/dress that is easy to lift up.
 - Arrive 10-15 minutes before your scheduled appointment time.

Following these instruction will make your ultrasound proceed as smoothly as possible.